

# Lifelong Learning: Preparing for the High Holy Days

## 3-Week Mini Course

**Thursdays 7:00pm - 8:15pm**  
in the Stevens Atrium

### **Thursday, September 1**

#### **Restore, Repair, and Repent with Rabbi Chuck Briskin**

The Rambam's *Hilchot T'shuva* (the Laws of Repentance) provides a clear and cogent guide for repenting for our misdeeds, repairing brokenness we may have caused and ideally restoring relationships that may have been fractured. Explore some texts and discuss the Rambam's five step process for full *teshuva*.

### **Thursday, September 8:**

#### **Exploring the Power of High Holy Days Music with Cantor Rachel Kohlbrenner**

We will listen and sing traditional and contemporary settings of High Holy Days prayers and dive into how the music helps to add to or hinder our prayer experience. We will discuss the value of High Holy Days nusach (melodies specific to these days), review traditional melodies and learn newer tunes to prayers.

### **Thursday September 15**

#### **Where are You? Here I am! With Rabbi Eric Goldberg**

*Hineni* (Here I am) is the first word spoken on Erev Rosh HaShanah in front of the open ark and said aloud by Abraham when called by God in the Rosh HaShanah morning Torah portion. On Rosh HaShanah, we also celebrate the Creation of the world, and in recounting this event, we find that God asks Adam and Eve: '*Ayekah*' - where are you? Join us as we learn more about what *ayekah* and *hineni* mean, how they guide us on the High Holidays and the ways in which these words can set the tone for living a meaningful Jewish life in 5783.

## **REGISTER HERE**

join us for all three  
or just one.

