

ARCH & TESD INVITE YOU TO

TEENS' DIGITAL LIVES

and the impact of technology on them

Wednesday, Jan 18

7:00 – 8:30pm

Conestoga High School



Merve Lapus will speak to parents about our teens' digital lives including:

- Current social media landscape
- Navigating digital dilemmas
- Pitfalls and tips for responsible social media use
- Emotional challenges of social media: comparison, pressure, drama, isolation
- Resources and tools for parents



About the Speaker: [Merve Lapus](#), Vice President of Outreach & Partnerships at Common Sense Education. He oversees a team that works to impact communities and create school initiatives around technology use and digital citizenship.

This ARCH event is free and open to the community.