

ARCH & TESD INVITE YOU TO

# TEENS' DIGITAL LIVES

*and the impact of technology on them*

**Wednesday, Jan 18**

**7:00 – 8:30pm**

**Conestoga High School**



Merve Lapus will speak to parents about our teens' digital lives including:

- Current social media landscape
- Navigating digital dilemmas
- Pitfalls and tips for responsible social media use
- Emotional challenges of social media: comparison, pressure, drama, isolation
- Resources and tools for parents



About the Speaker: [Merve Lapus](#), Vice President of Outreach & Partnerships at Common Sense Education. He oversees a team that works to impact communities and create school initiatives around technology use and digital citizenship.

**This ARCH event is free and open to the community.**

ARCH is a 501(3)(c) coalition of parents, educators, and community members committed to promoting the well-being of youth in TESD.. We serve as a resource to families as they help their children form a positive self-image, make healthy choices, and reduce the use of alcohol, tobacco and other drugs (ATOD). Visit [www.archcares.org](http://www.archcares.org)

