

Live Well, Plan Well, Leave Well

prepare for your family's future

Achieve with us.

FOR PEOPLE WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

Future Planning is creating a guide for a person with an intellectual or developmental disability (I/DD) to lead a good life as independently as possible. A plan is important throughout all stages of life and especially in the future after the parent or caregiver is no longer able to provide support. Join The Arc Arapahoe & Douglas Counties for an educational workshop to honor your loved one in a way that allows for their care after you are gone.

WHEN: September 12 - 6:00 - 8:00 p.m.
September 20 - 6:00 - 8:00 p.m.
September 26 - 6:00 - 8:00 p.m.

WHERE: The Arc Arapahoe & Douglas Counties
6538 S. Racine Circle, Centennial, CO

COST: \$10 members/ \$25 non-members
One-time fee for all sessions
A light dinner and respite will be provided
Please RSVP by September 7

QUESTIONS: Call Luke Wheeland (303) 220-9228



A person-centered future plan should reflect the wishes of the person with I/DD, as well as his or her parents, siblings, extended family members and friends, and other important people in his or her life. The plan should include information about all aspects of a person's life including:

- ✓ Daily routines, needs and supports
- ✓ Living arrangements
- ✓ Finances, including the family and person's benefits, assets, incomes, trusts, insurance policies
- ✓ Doctors' contact information and information about the person's medical history (including any medications and food allergies)
- ✓ Decision-making support
- ✓ Education history
- ✓ Details about the person's employment, leisure activities, religious beliefs, behaviors, interests, friendships, and other important relationships



The Arc Arapahoe & Douglas Counties

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www.arc-ad.org



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Register On **Eventbrite**

<https://bit.ly/2met0Ww>