

HOW WILL YOU IGNITE YOUR LIFE?

Exploring Houston with Sarah Gish

- **GISH PICKS: CURATED CULTURE FOR KIDS & ADULTS** blog since 2004
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- **ROUND-UPS** by Sarah (updated yearly in blog):
 - farmers markets, www.TinyUrl.com/GishPicksFarmersMarkets2025
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 - free & discounted arts, www.TinyUrl.com/GishPicksArtsDiscounts2
- **HANDY DANDY ARTS CALENDARS**
 - MATCH/Midtown Arts & Theatre Center
 - www.MatchHouston.org
 - MILLER OUTDOOR THEATRE
 - www.MillerOutdoorTheatre.com
 - HOUSTON CULTURAL EVENTS CALENDAR (HAA)
 - www.HouCalendar.com
 - BROADWAY WORLD HOUSTON
 - <https://www.BroadwayWorld.com/houston/>
 - HOUSTON MUSEUM DISTRICT
 - www.HouMuse.org
 - HOUSTON FIRST CORP
 - www.VisitHoustonTexas.com
 - www.TinyUrl.com/HoustonVisitorsGuide
- **SARAH'S FAVE SPOTS** Discovery Green; Museum of Fine Arts, Houston; Miller Outdoor Theatre; Orange Show & its satellites; River Oaks Theatre; The Post; Houston Food Courts (Lyric, Post, Chef Bravery Hall, Blodgett Street); Houston Arboretum & Memorial Park; Midtown Arts & Theatre Center Houston/MATCH; Sawyer Yards Properties and Hardy & Nance Studios; Menil Collection & Rothko Chapel; Theatre District and Lynn Wyatt Square; Houston labyrinths (www.LabyrinthLocator.com)...and many more!
- **HOW TO BE A HOMETOWN TOURIST**
 - www.TinyUrl.com/GishPicksHometownTourist2
 - Placenotes Houston & Houston-Opoly (search online)

12 Ways to Ignite Your Life Daily

Trust in spirit (trust).
Take care of yourself (nourish).
Meditate each morning (meditate).
Commune with nature (commune).
Listen to your heart (listen).
Connect with love (love).
Be of service (serve).
Allow forgiveness (forgive).
Always be grateful (thank).
Explore your creativity (create).
Learn something new (learn).
Enjoy life (laugh).

www.IgniteYourOwnLife.com
