

HOW WILL YOU IGNITE YOUR LIFE?

Exploring Houston with Sarah Gish

- **GISH PICKS: CURATED CULTURE FOR KIDS & ADULTS** blog since 2004
 - www.Facebook.com/GishPicksAdults
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- **ROUND-UPS** by Sarah (updated yearly in blog):
 - **farmers markets**, [Farmers Market in Greater Houston 2026](#)
 - **100% vegan spots**, [Vegan-only Spots in Houston 2026](#)
 - **nature spaces**, [Fave Nature Spots in Houston 2026](#)
 - **indie bookstores**, [Indie Bookstores in Houston 2026](#)
 - **free & discounted arts**, [Save Money on Arts in Houston 2026](#)
- **HANDY DANDY ARTS CALENDARS**
 - **MATCH/Midtown Arts & Theatre Center**
 - <https://matchouston.org>
 - **MILLER OUTDOOR THEATRE**
 - www.MillerOutdoorTheatre.com
 - **HOUSTON CULTURAL EVENTS CALENDAR (HAA)**
 - www.HouCalendar.com
 - **BROADWAY WORLD HOUSTON**
 - <https://www.BroadwayWorld.com/houston/>
 - **HOUSTON MUSEUM DISTRICT**
 - <https://houmuse.org>
 - **HOUSTON FIRST CORP – Convention and Visitors Bureau**
 - www.VisitHoustonTexas.com
 - www.TinyUrl.com/HoustonVisitorsGuide
- **SARAH'S FAVE SPOTS** Discovery Green; Museum of Fine Arts, Houston; Miller Outdoor Theatre; Orange Show & its satellites; River Oaks Theatre; The Post; Houston Food Courts (Lyric, Post, Chef Bravery Hall, Blodgett Street); Houston Arboretum & Memorial Park; Midtown Arts & Theatre Center Houston/MATCH; Sawyer Yards Properties and Hardy & Nance Studios; Menil Collection & Rothko Chapel; Theatre District and Lynn Wyatt Square; Houston labyrinths (www.LabyrinthLocator.com)...and many more!
- **HOW TO BE A HOMETOWN TOURIST**
 - [How to Be a Hometown Tourist link](#)
 - [Placenotes Houston & Houston-Opoly \(search online\)](#)

Here are more ways to ignite your life!

12 Ways to Ignite Your Life Daily

Trust in spirit (trust).
Take care of yourself (nourish).
Meditate each morning (meditate).
Commune with nature (commune).
Listen to your heart (listen).
Connect with love (love).
Be of service (serve).
Allow forgiveness (forgive).
Always be grateful (thank).
Explore your creativity (create).
Learn something new (learn).
Enjoy life (laugh).

www.IgniteYourOwnLife.com
