

August 4, 2022

Parents, Guardians and Students of Central High School:

The fall sports season is rapidly approaching and we are looking for a record number of students participating in activities this year. The first official day of practice for the fall sports season is Monday, August 8th. Remember, that in order to participate, each athlete must bring with them on the first day of practice their current sports physical (which is now good for two years from the date issued), health insurance information, and signed parent permission. These forms are available on the CHS website under “Important Info.” Please return the completed forms to your coach.

Finally, there is a parent/student athlete meeting on **Sunday, August 7th at 7:00 PM in the CHS Auditorium** – please plan to attend this important meeting, as I will be discussing the citizenship card and other pertinent information.

****If Springfield Public Schools regulations do not allow for us to meet in person, I will make digital and paper copies of the presentation available. As it gets closer to the date, I will have coaches send home updated information on whether or not we will have the meeting.*

<u>BEFORE/ON THE FIRST DAY, ALL ATHLETES MUST HAVE:</u> • Physical Examination Form (Good for TWO years) • Annual Paperwork We have paper copies of these at the school and can also be found online at: https://www.sps.org/Page/2824	
<u>CHEER</u> 3:30 – 5:30 pm Central Commons	<u>CROSS COUNTRY (B&G)</u> 6:30 – 7:45 am Harrison Stadium
<u>DANCE</u> 3:30 – 5:15 pm (Aug 8 & 10 only) Wrestling Room	<u>FOOTBALL</u> 3:00 – 5:00 pm Harrison Stadium
<u>GOLF (G)</u> August 8: 6:00 – 7:30 pm August 9 – 11: 4:30 – 6:00 pm August 12: 8:30 – 10:00 am Stewart Golf Course	<u>SOCCER (B)</u> 6:00 – 8:00 pm Harrison Stadium <i>*Tryouts Monday – Wednesday*</i>
<u>SOFTBALL</u> 8:00 – 10:00 am Central Park <i>*Field located at: 2841 E. Pythian*</i>	<u>SWIMMING (B)</u> 3:30 – 5:30 pm Central Pool <i>*You will also need running shoes & shorts*</i>
<u>TENNIS (G)</u> 3:30 – 5:30 pm Cooper Tennis Complex	<u>VOLLEYBALL</u> August 8: 9th 8:00 – 10:00 AM, JV/V 8:00 – 12:00. August 9-12: 9th 8:00 – 10:00 AM, JV/V 10:00 – 12:00. James Ball Gymnasium <i>*Cuts will be made on Wednesday & Thursday*</i>

If you have any further questions, please contact Mrs. Kayla Nel directly at 523-9614. I’m looking forward to a great fall season – GO BULLDOGS!