

## **“THE BENEFITS OF HEALTHY TURF”**

### ***Grasses and Lawns:***

- Excel at fixation and storage of atmospheric Carbon
- Help prevent and suppress spread of wildland Fires
- Release Oxygen through photosynthesis
- Help with/are excellent tools for Noise abatement
- Are a safe surface to Play and Entertain
- Provide effective Storm Water abatement following large storms. They have ability to intercept many gallons of rainwater before runoff occurs.
- Help with Slope stabilization and Erosion control
- Capture Particulates, including Dust and Pollen
- Complement the Landscape, and provide access to and through landscape features
- Are pervious Surfaces, Provide a natural Water Filtration system and ground water recharge
- Are used to control Mud
- Naturally cool the Atmosphere through transpiration
- Absorb nearly every spectrum of light, lawns are excellent at Glare reduction
- Turfgrasses are an excellent choice for environmental remediation projects. Many Golf Courses, Parks and Sports Fields have been created on top of environmentally degraded areas.

### **Psychological benefits:**

***People say they feel relaxed when experiencing healthy Green Grass!***

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*Sources for this information piece include:*

The Lawn Institute, National Association of Landscape Professionals

James Beard, Texas A&M University, Positive Benefits of Turfgrass; UMass Amherst, Extension and Turf Research Program