



ATTENTION SELF-ADVOCATES!

You are invited to attend a free virtual training about

Charting the LifeCourse

Thursday, July 22, 2021

3:30 -5:00 PM

Charting the LifeCourse is a set of tools and frameworks that can help you articulate what a good life means for you and advocate for change. Trainers from the LifeCourse Nexus Team will be conducting the training.

Participants will learn strategies for:

- Developing a vision for a good life
- Letting others know what you want and don't want
- Developing a plan based on your strengths, relationships, community connections, technology and services

To register:

<https://us02web.zoom.us/join/zoom/register/tZMrD-CgqzliH9SbnDyX6MEDwB9IIQ5FgBnS>

If you need assistance contact Adrienne Pomeroy info@wearemass.org

A family member or other supporter are welcome to attend

This webinar is being co-sponsored by the Department of Developmental Services, Mass Advocates Standing Strong, Massachusetts Developmental Disabilities Council and The Arc of Massachusetts. This training is provided by funding from Massachusetts Partnership for Transition to Employment (MPTE).

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