



Metro Region

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Hey Metro Region, Kamisha here, with Jenna! Happy August we hope you are enjoying the rest of Summer. How has your summer been so far? Have you spent some time outside? Were you able to have some fun with friends and family around the pool or beach? July has been a busy and exciting month for us in Metro, but guess the fun does not stop there because there is another exciting event happening in August to share with you!

This event is both accessible, and free! It is being held by the Winthrop Commission on Disability and is a day filled with accessible fun! There will be fishing, adaptive bikes, a DJ, and even a boat ride! Join us in person on August 29th starting at 12:00 at Deer Island in Winthrop, MA. The exact address is 165 Tafts Avenue, Winthrop, MA 02152. The event is free but does require registration, but you can register ahead of time with this link:

<https://www.eventbrite.com/e/accessible-adventures-a-fun-day-at-deer-island-2026-tickets-1988291144336>

Myself, Kamisha, and lots of other MASS folks will be there! If you can, stop by the event and join us in person to celebrate the summer with us!

Join us at Deer Island for a day of
Inclusive recreation and fun!
And It's FREE!

SATURDAY
AUGUST 29, 2026
NOON to 3 PM

SCAN HERE FOR DETAILS



To register by phone,
call 617-240-2487

- LEARN HOW TO FISH
- RIDE AN ADAPTIVE BIKE
- TAKE A PEDICAB AROUND THE ISLAND
- ENJOY A BOAT TOUR
- LEARN ABOUT THE HISTORY OF DEER ISLAND
- CHECK OUT RESOURCES
- LISTEN TO MUSIC & ENJOY THE VIEW!

