



Central Region

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Central Mass Regional Update for 2021

December MASS Flash

- Central had a busy November and we are ready for a great holiday season!
- Our November drop-in theme was “Thankfulness”, and we had fun playing Thanksgiving games like name that tune, turkey games and Thanksgiving jeopardy! In December we will celebrate the holidays with cookie decorating and more fun and games!
- Some of our regional leaders are working hard on the leadership summit set for December 4th.

- Some of us went to the Kansas self-advocacy conference (SACK). It was fun! Fran and Beth also went to advocates of the roundtable in Delaware. And Beth attends the National NACDD meetings in Washington.
- Some of us danced the night away at the Easter Seals fundraiser dance!
- Some of us went to hear Chester Finn talk about self-direction in the Northeast. Fran did a nice job giving testimony about SDM at the State House! We will invite Northeast guests to our regional meeting to talk about SELF DIRECTION next month.
- Some people have been going to Human Rights Officer Trainings. We will be talking about that with our Human Rights Specialist Leo next month when he comes to our regional group.

- We are talking with the Arc of Opportunity self-advocacy group about Officers, and we plan to do a training for a Citizen Advisory Board, which some of our members are part of. Justin also recently gave testimony to the statewide CABS.
- At the SARTAC meetings we learned about the dating game, SDM and many more topics that we share with our regional group. We will represent MASS and share a fun activity with SARTAC this month!

Happy Holidays everyone!