

Central Region
Coordinator: Sue Moriarty
Email: sue@wearemass.org

January Update from Central







Greetings and Happy New Year from Central Region!

Central had a busy and fun time **during the month of** Dec**ember.** At our Drop-in club we played name that holiday tune and we watched and shared stories about ways that we and others celebrate different December holidays. (Do you know what a Holiday Whooby Whatty is?

Sam showed us a video and now we all know!) We also did holiday mad libs and our favorite thing, celebrating our successes!





We had our annual holiday meeting/party…in person and on zoom at the Autism Resource Central on December 13th! We played holiday bingo, had music, a little meeting, and a lot of fun! We finished up with our annual cookie swap! We also met on zoom on December 27th, where we unveiled our mystery greeting and talked about our dreams

and goals for 2023, both personal and regional.





Many of us continue to connect with other advocates and work on issues that are important to us! We look forward to presenting about self-advocacy to the virtual Rainbow group in January. We also look forward to a presentation on Supported Decisionmaking on January 24th. We will continue our zoom meetings for Drop-In Club on the 1st Wednesday from 4-5:30PM and regional meetings on the 2nd Tuesday from 5-7PM and the 4th Tuesday from 3:30-5:30PM.

Happy January and Happy 2023 from Central!

