

Northeast Region

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Hello everyone!

As we wrap up things in December as I write this, I'm reflecting on the fun and progress we had this year. But before I get to that, I should go over what we did this month!

This past month, we had a wonderful statewide drop-in, and a smaller but still wonderful regional meeting. At the statewide meeting, we came up with some Madlibs...

Hot Cocoa Madness

Prompt: Making a delicious hot cocoa...

Today, I decided to make a delicious **slamming** hot cocoa. I started by heating up some **mouthwash** in a saucepan. Then, I added a few tablespoons of **table** and stirred until it was completely dissolved. Next, I poured the mixture into my favorite **sweet** mug and topped it with a dollop of **purple** whipped cream. Finally, I sprinkled some **Puerto Rico** on top for an extra touch of sweetness. It was the perfect treat for a chilly evening!

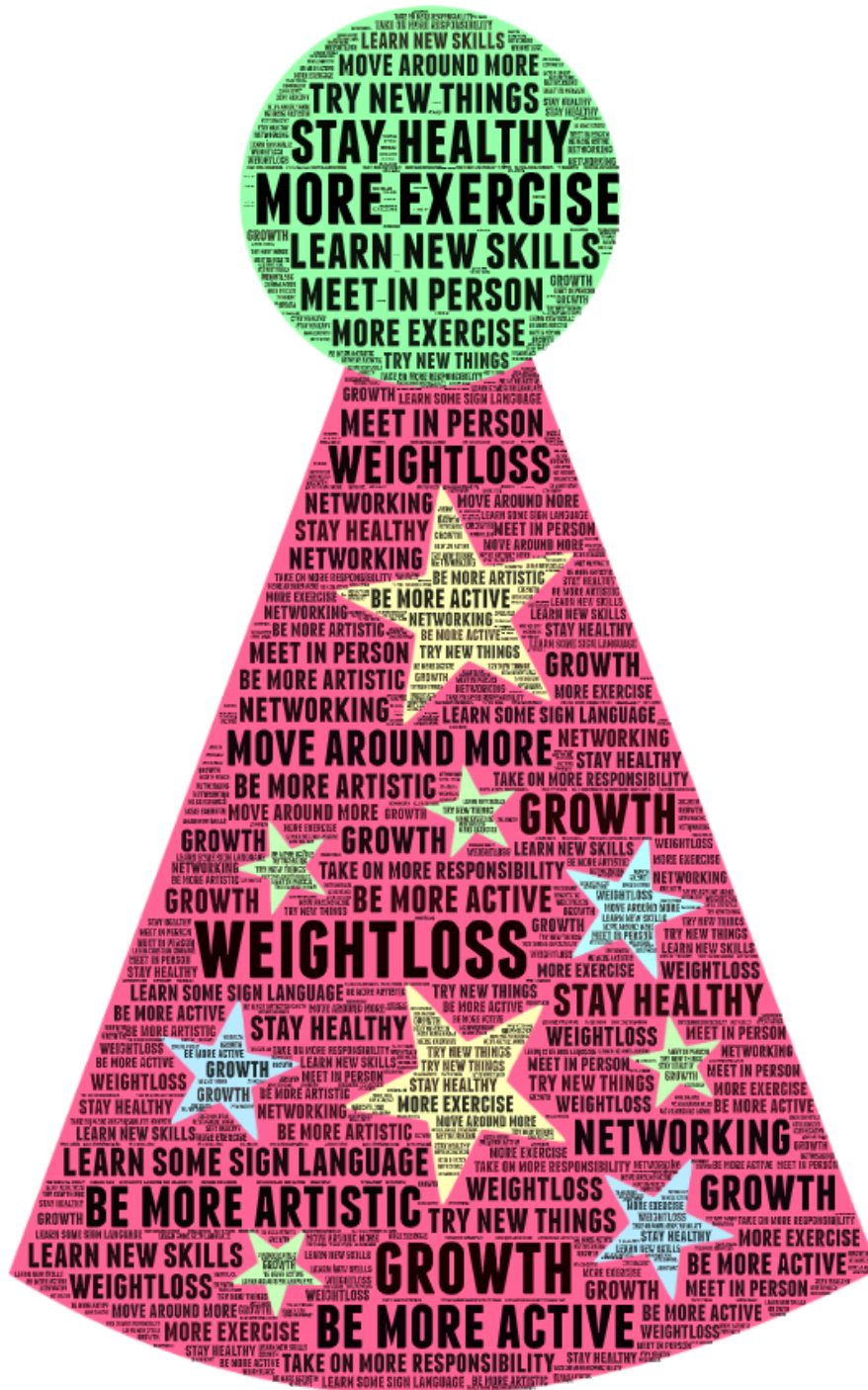
A Christmas Adventure

Prompt: Christmas...

Every Christmas, my **father** and I decorate the **sad** Christmas tree with **vacations**. We also make sure to leave **hot dog** out for Santa and his **cat** to enjoy. On Christmas morning, we wake up early to open our **edgy** presents. The best part of Christmas is spending time with **kittens** and creating memories that will last a lifetime.

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and a word bubble of our goals!



And so, as we welcome January, and 2025 into our lives, let's remember the good times of this past year. From Daysiree's spreading of her wings into the Statewide board, to Sam's weight loss journey, we've made many strides. As a group, we represented the Northeast region at the MASS conference and did fantastic at it too. (If I may say so myself!)

I want you all to consider what your goals are for the next year. Far too often we make New Year's resolutions only to break them and give up, but we owe it to ourselves to keep trying even if we slip up every now and then!

Next statewide drop-in is Thursday, January 9, 2025 from 5:30pm to 7pm. The next drop in after that is Wednesday January 22, 2025.

Our next regional meeting is Wednesday, January 15 from 4pm to 5:30pm.

Some thank yous:

Thank you **Jenna DeSpirito** for your continued support in running the group!

Thank you **Daysiree Perez-Batista** for spreading your wings and as a result your joy!

Thank you **Parker Gambale** for having an awesome first year employed here at MASS.

Thank you **EVERYONE** for attending, voting, and being a part of my life and our lives here at MASS. We very much couldn't do it without you!

- Sam Muench, Northeast Regional Facilitator and Chairperson

