

Central Region

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Central had a busy month of March, and we look forward to a busy April too! March was Intellectual and Developmental Disabilities Awareness Month and World Down Syndrome Day, where we rocked our colorful socks! Justin's S.O. basketball team all rocked theirs too!





In March some of us also attended the Legislative Day at the state house and legislative breakfasts in the region, and some people met with and wrote to their legislators. Our Central Chill and Chat with Coffee in March was "Live from Foxwoods!" We played mad libs, "would you rather", we talked about Spring, "hitting the jackpot" and we chatted with friends. Some of us also had fun at the statewide Drop-in

clubs! Central region officer elections got underway in March as well. Beth, Justin, Kristin, and Jillian kept us updated on SDM, legislation, SARTAC self-advocacy issues, and transportation at our March meetings. And some of us who were able to go, attended a Human Rights presentation.

In April we will celebrate World and National Autism months.





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It is also 25 years of Sexual Assault Awareness month.





In April we will continue to advocate for the things we care about! And on April 20th each year we have coffee in memory of our former chairperson Janet

Laperle.  **We can’t wait for warmer weather in April and planning some outdoor meetups and our summer cookout. Have a great spring, and see you at some of our upcoming meetings and events!**

