

Central Region
Coordinator: Sue Moriarty
Email: sue@wearemass.org

Central Region had another busy month in April!

Central did our best to support one another and stay connected, as usual!

The theme for April, thanks to Jillian, was “Spring Fling”!

We created a “Spring Fling” game for our monthly drop-in meeting. It gave us all a lot to talk about. May’s theme will be “Birthday Bash”, and the drop in falls right on Jackie’s actual birthday!!

April is also sexual assault awareness month. At our regional meeting, we had a great presentation and discussion with Fran and Melissa about their work with the SARU Unit at the DPPC. In May, we hope to have guests from the DDS Area Offices and the Human Rights Director Joseph Weru. We also want to invite our friends from faraway places to join us in the future!

We all gathered for the 1st anniversary of the death of our beloved Janet Laperle on April 20th. We lifted a cup of her favorite Dunkin Donuts coffee and we

played a trivia game “all about Janet”, which included her favorite things and “all about coffee”!

We are working on calling our legislators on some of the legislative bills. We joined the Blackstone Valley self-advocacy group and we hope to join them again in May when they will host their 1st in-person meeting in a park and on zoom! We also plan to pay a visit to the Building Bridges group at Center of hope.

Beth attended the monthly NACDD self-advocate discussion series. We will keep you tuned in to any NACDD news! Some of us have attended SARTAC meetings and talked about COVID, about Autism, and how to make our groups more inclusive. We learn about a lot of great self-advocacy issues to share with our group!

We joined Dr. Sally’s “Who Am I” zoom meeting in April, where we gathered with friends and talked about good health habits. Some of us also attended the Wednesday Martial Arts classes sponsored by Easter Seals. The classes are fun and they make people feel stronger! All are welcome!

Deb and Monique continue to attend the REDD meeting and the Transportation meetings around the Worcester area. Thank you Deb and Mo! We look forward to the Virtual 2021 Transportation Innovation Conference from May 25th-27th.

Some of us attended the long awaited West Region Conference from April 25-28th. We enjoyed some great workshops and fun games, movies and other events! Great job, West Region!

We are so happy that Spring has arrived, and we wish everyone a happy and healthy May!!