Healthy Self-Advocates: Communicating with Health Professionals (Presented by MASS & DPH)

Building and maintaining a healthy lifestyle can be challenging, but you have the power to shape your own health! Take part in a two day interactive virtual presentation with peer self-advocate trainers. Listen to the presentation, ask questions, and take part in trivia game with other self-advocates at the end of each day's presentation.

Self-advocate peer trainers, William Fahey, Daysiree Perez-Batista, Mindy Malas, will discuss:

Day 1, Wed., Dec. 8th - How to self-advocate in healthcare settings. Presenters will go over setting good healthcare goals, 'Rights, Respect, & Responsibility', and interacting at the doctor's office.

Day 2, Thurs., Dec. 9th - Peer trainers, with support from DPH, will discuss self-advocacy at the doctors office, followed by the Flu Shot and Covid-19 Vaccines.

Each day will be presented in a Zoom meeting format. If you are planning to attend you will be interacting with other participants while taking part in the trivia game at the end of each presentation.

Register in advance for this meeting:
https://us02web.zoom.us/meeting/register/tZYkd-ipqD4qGtEHAzzz7ZkTen2GGpBAy4oA

If you have questions please email info@wearemass.org.