



Central Region
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Happy February and happy leap year month from Central!



Central had a busy January! We met on zoom throughout the whole month of January since our regular meeting place was not available. We elected two new officers: Chris M is our co-treasurer and Joey F is our new co-secretary! Congratulations Chris and Joey! In January we talked about what we achieved in 2023 and also about our dreams and goals for 2024, both personal and regional. There are a lot of things to advocate for! Also, we guessed if the groundhog



will see his shadow on Feb 2nd!

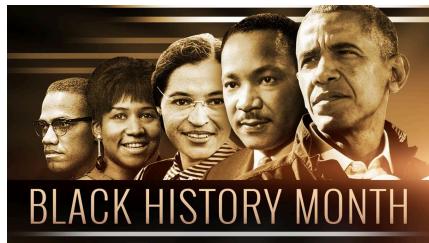
Some of us had a good visit with the Arc of Opportunity

self-advocacy group. Jason F brought us another human rights question from his THRIVE self-advocacy group. At our Drop-In club in January we played a mad lib and a New Year's Jeopardy game. The group decided to have some "chill, chat, and coffee" time starting on February 7th to keep



us connected in these winter months.

February is black history month and we will spend time thinking about how advocacy can change the world!



In February we will also continue to talk about legislation, SDM, human rights, and what issues people want to speak up about. Regional meetings are on the 2nd Tuesday from 5-7PM and the 4th Tuesday from 3:30-5:30PM. Make the most of our extra "leap day" on Feb 29th, and do something fun! Wishing you a happy February



from Central!

