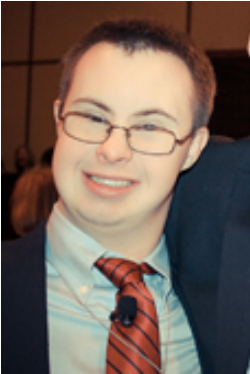


## KEYNOTE SPEAKER

### Mr. Brian Heffernan



We are so very lucky and honored to have Brian Heffernan as this year's keynote speaker at the M.A.S.S. YOUR IDEAS COUNT Annual Conference! His accomplishments are limitless and are a true inspiration to all.

Brian is a 28 year old self-advocate from West Newton. He attended MassBay Community College for 5 years, where he completed the Transitional Scholars Program. Later, he was also accepted in the MAC Internship program.

But this was just a beginning. From there on Brian testified at the State House in support of many bills, including a bill to improve transition services for young adults with disabilities. He's had a number of speaking engagements at BC, BU, Brandeis and Harvard to name a few.

When Brian isn't out speaking to a crowd and advocating he is busy working at the State House, Star Market, as well as Fenway Park. But self-advocacy is his calling and it is reflected in everything he's involved with. Join us on October 19th to hear this young man of so many talents and dreams share how you too can advocate and make YOUR IDEAS COUNT!

## AM WORKSHOP SELECTIONS

Please number your two top **AM** workshop options by writing **#1** & **#2** on the lines below.

- **1A Supported Decision-Making (SDM)** – Presenter Kim Plaut. Support – Hezzy Smith. This workshop and interactive Q&A will cover all aspects of what supported decision-making is and how to achieve it.
- **1B Healthy Relationships:** Presenter Pauline Bosma of the Rainbow Support Group. Support – Heidi Sue LeBoeuf. This workshop will explore various aspects of respectful relationships.
- **1C What are the Bare Bones of Self-Advocacy and Leadership?** Presenters Patrick Birmingham, Rebecca Fillmore and Robert Lydon. Support – Laurel Hickey. Presenters will cover the SALS series, team building and how to take political action.
- **1D Finding Your Voice:** Presenters Patty Quatieri and Leigh Ann Barry will focus on self-care and empowering one's peers.
- **1E Transportation Workshop + Panel Q&A** Presenters Kamisha Heriveaux and Reggie Clark will speak about their daily experiences with transportation. They will discuss the challenges and some ideas for improvements. The workshop will include a panel Q&A where transportation representatives (TBD) will participate and answer additional questions.

## PM WORKSHOP SELECTIONS

Please number your two top **PM** workshop options by writing **#1** & **#2** on the lines below.

- **2A Finding Self-Confidence; Building Self- Esteem** – Presenter – Therese Laporte. Support – Rebecca Christie. Presentation offers powerful insights into the presenter's life experiences and how to overcome obstacles to try something new.
- **2B Self-Direction** – Presenters – TBD. This workshop will include stories/lessons from self-advocates directing their supports.
- **2C Promoting Positive Outcomes with Law Enforcement and the Disability Community:** Presenter Ashley Quick will speak about ideas for how to improve communication between law enforcement and the disability community.
- **2D Reaching Out for Success:** Presenters Isa Green and Cynthia Goldberg with supporters Scott Maguire and Julie Silversteen will speak about their personal success stories and how to deal with life's issues such as a career, love, and adversity.
- **2E The Marriage Penalty:** Presenter – Donna Jay. Support – Wanda Burns. This workshop will cover what the Marriage Penalty is and what it means for self-advocates who decide they want to marry.

**MASS ADVOCATES STANDING STRONG**

Phone: 617-624-7549 Web: [www.ma-advocates.org](http://www.ma-advocates.org)

ONE PAPER REGISTRATION FORM PER PERSON to  
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E-mail Contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

*\*Don't forget to select your top two workshops for  
both **AM** & **PM** workshop sessions; see other page!*

**Need ASL?**  Yes I need ASL.  Not applicable.

**Who are you?** Please check  your affiliation:

- Self-advocate  Direct Support Staff
- Family, Friend, Ally  Other: \_\_\_\_\_

**Lunch preferences** - Please check  below:

- Chicken |  Vegetarian | or  None

**Dietary Requirements** - Please check  below:

- Pureed  Gluten Free
- Ground  Allergies: \_\_\_\_\_

**Early Bird-> Register By Thurs., Sept. 5<sup>th</sup>!**

Registration received by Sept. 5<sup>th</sup>  \$50

Registration fee after September 5<sup>th</sup>  \$60

Please donate and help support MASS  \$\_\_\_\_\_

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Please make check out to **MASS Advocates  
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500 Harrison Ave., #116 Boston, MA 02118**

Congratulations to   
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# YOUR IDEAS COUNT

## 21st ANNUAL CONFERENCE



**SATURDAY, OCTOBER 19, 2019**

**SHERATON FRAMINGHAM**  
HOTEL & CONFERENCE CENTER  
1657 Worcester Road, Framingham, MA 01701

**8:00AM – 9:00AM: REGISTRATION**  
**9:00AM – 4:00PM: CONFERENCE**