

Central Region

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Happy August from Central Region!

We hope you are having a wonderful summer! In July we celebrated Disability Pride! We talked about the colors of the disability pride flag, and about how people with disabilities can change the world! We welcomed new members and new groups in our region, and we even had a visitor from New York!

Sammy planned and led our "Chill and Chat With Coffee". The theme was the Summer Olympics! We had a lot of fun with Summer Olympics trivia, "would you rather" games, mad libs and of course, coffee!



Some of us also attended the statewide drop-ins where we made a word cloud about our goals, played jeopardy, played the song "Firework", and celebrated disability pride!

In Central, Justin kept us up to date on the latest legislation including self-direction, transportation, better pay for staff, and more! Beth

shared the latest news about SDM. We talked about what a success the West Region self-advocacy conference was and how we are so thankful that some of our members are working hard at raising funds for us! We celebrated Jason and Beth, and their recent performance in Cinderella at Steppingstone theater! We also continued to discuss transportation and human rights.

We were excited to welcome a Gopen Fellow, Kelsey Oates, who came and presented her new project called "Self-Advocacy Wins"! It's all about celebrating our success, and we love it! If you want to be an ambassador and be part pf the community you can check out (and join) the "Self-Advocacy Wins" Facebook page here:

Self-Advocacy Wins | Facebook

In August we look forward to more summer, as we celebrate the 34th anniversary of the ADA! There is a meet-up in North Central, and we might also meet up at the Valleycast concert series in South Valley. And of course we look forward to our annual cookout. We also hope to continue our advocacy and prepare for a presentation on self-direction in the fall.

Once again, happy August from Central!

