



**Central Region**  
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## **Happy November from Central Region!**

**The chilly days of Fall are here, but things have been busy here in Central! In October we spent a lot of time planning for our annual MASS Conference.**

**It was great to see so many of our friends (old and new) at the conference! Karen and Jillian helped with awards. Beth helped to give a great presentation on SDM trivia, and Jackie got to give the Gunnar Dybwad award to her State Representative Natalie Higgins!**

**Joey and Jackie also received the Nancy Maynard and Janet LaPerle awards this year! Congratulations Joey and Jackie! Melissa helped out from start to finish, and Seth and Jason seemed to enjoy the workshops and the band, too!**

**In October, Sammy also planned and led our “Chill and Chat with Coffee”, where we had Halloween**

**themed games and a dance party!**



**At our Central Workteam meeting in October, we gave a shout out to Bullying Prevention and Awareness Month!**



**We also welcomed new members from The Ledges!**

**We had a presentation and a good discussion about Human Rights with Leo Lucynski-Badia, Human Rights Specialist. Justin kept us up to date on the ballot questions and candidates in the November elections, as well as the latest legislation! Beth shared news about SDM. We continued to discuss transportation and all the other things that are important to us!**

**We will continue our advocacy in November, which is Native American Heritage month.**



**We will also think about all of the things we are grateful for....**



**Happy November and Happy Thanksgiving from Central!**