

Southeast Region

Email: albert.milne@wearemass.org

Hello again, Southeast! Can you believe we are already in May?

There was no regional meeting in April, and since we have them every other month, our next in-person meeting will be on Wednesday June 10th at the Stoughton Public Library from 4:00-5:00 PM.

Even though there was no recent regional meeting, I did attend a recent meeting with SRS, and met over 30 people. I'm excited to make more connections and go to the next meeting they have on May 12th.

I am also restarting my podcast, and did a fresh audio-only recording with Kamisha Heriveaux. Soon, I will be making a new recording with Sam Paster, and then going forward there will be interviews with all new people.

On May 30th, I will be part of a workshop at the West Conference in Springfield, talking about our work with the Department of Public Health. Click this link to check out more info about the conference, we hope you're able to join!:

https://www.eventbrite.com/e/2026-ma-west-region-self-advocacy-conference-tickets-1985840237608

Just a reminder that May is Mental Health Awareness month, so please take care of yourself!

Upcoming Statewide Drop-Ins will be on:

- Thursday, May 14th from 5:30 – 7:00pm
- Wednesday, May 27, 4:30 – 6:00pm

Have a Great Month!

Al

Southeast Regional Facilitator