


# Northeast Region

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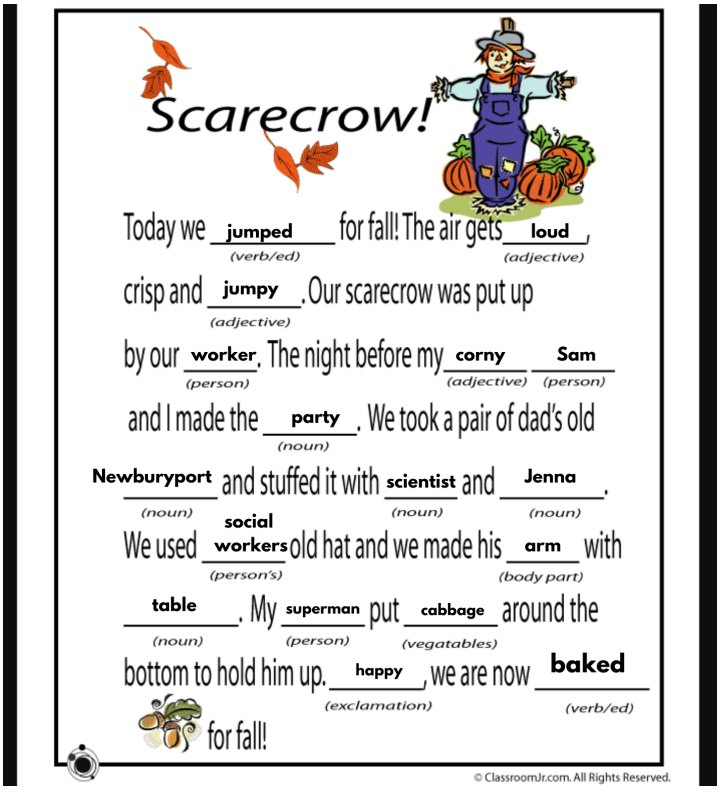



Welcome Northeast to the beautiful month of November! This is a time of year where we pause to acknowledge what we are grateful for. This can be things like your friends, a nice sunny day, or even a new episode of your favorite show. Here in the Northeast, we are all thankful for each and every one of you that makes up our regional family!

A lot of different things will be happening this month! November is Diabetes Awareness Month, includes Veterans Day, Thanksgiving, and is also Native American Heritage Month. Our region looks forward to bringing awareness to those important topics, as well as celebrating them!




As we reflect upon the month of October there are many great memories to be thankful for. For example, the fun we had while playing a fall themed mad-libs game during our regional meeting! It's a great thinking exercise that always ends with a ton of laughter. Here is the mad-lib we created together!



## Scarecrow!

Today we **jumped** (verb/ed) for fall! The air gets **loud** (adjective), crisp and **jumpy** (adjective). Our scarecrow was put up by our **worker** (person). The night before my **corny** (adjective) **Sam** (person) and I made the **party** (noun). We took a pair of dad's old **Newburyport** (noun) and stuffed it with **scientist** (noun) and **Jenna** (noun). We used **social workers** (person's) old hat and we made his **arm** (body part) with **table** (noun). My **superman** (person) put **cabbage** (vegatables) around the bottom to hold him up. **happy** (exclamation), we are now **baked** (verb/ed) for fall!

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This month our Regional meeting will be November 15th, from 4-5:30PM and our Drop in meeting will be November 29th from 5-6PM. Our region looks forward to the month of November, and the opportunities it might bring! Be sure to check out our events calendar for more information, you can find it by going to [wearemass.org/events](wearemass.org/events)!

