



Central Region

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Happy September from Central Region!

This month is Self-Care September! Remember to do something nice for yourself!



Central was busy enjoying the month of August! Instead of our Chill and Chat for August, we had a great night for our annual cookout at beautiful Regatta Point state park! We got together with old and new friends and had a lot of laughs, celebrating all of the birthdays with a cake and singing!

During the month, Jillian has been telling people about MASS at “National Nights Out” around the North Central area. Thanks, Jillian! We love to share what we do at MASS! We are also helping to expand new transit programs that are happening in Central.

We look forward to more advocacy (and some fun!) in September, which by the way, is Hispanic Heritage



month! At our September regional meetings we will talk about legislative issues,SDM, SARTAC,transportation, and other issues we care about!

Even though the end of summer is near, we still have lots to celebrate and get excited about, like the upcoming MASS Conference on October 17th! Our own

Beth Kollett will be the keynote speaker! Go, Beth!



You can register at

<https://www.eventbrite.com/e/2026-mass-self-advocacy-conference-tickets-1993547607559?aff=oddtcreator>

**Also, remember that this month is self-care
September, and do something nice for yourself!**



Once again, Happy September from Central!