

# Metro Region

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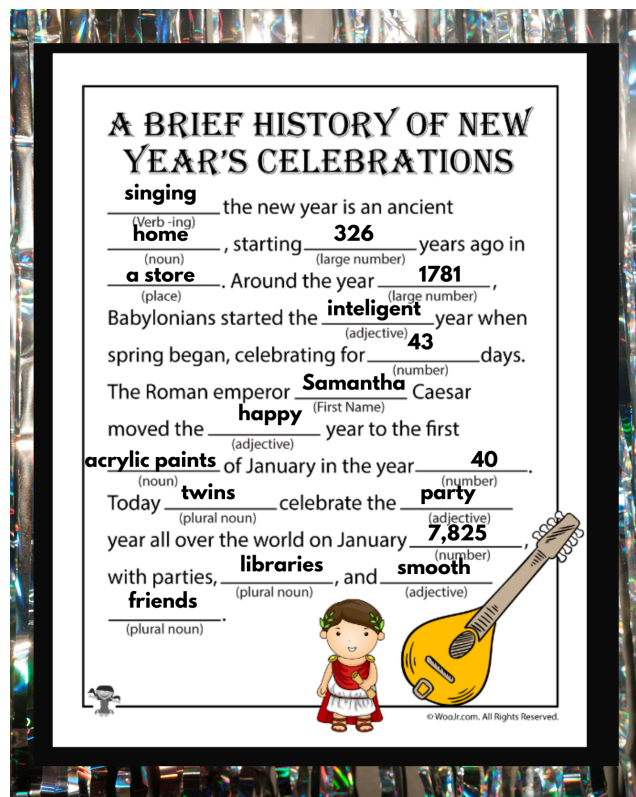
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Hello Metro and welcome to the wonderful month of February!

In order to properly say goodbye to January, let's look back on everything we did together as a region that month! We met on zoom together, and had a great group of people join us. Including some new faces, and some familiar favorites!

Together we wrapped up the holiday season by talking about our favorite holiday events! Some of us enjoyed traveling to see family, and others enjoyed



participating in traditions like staying up to watch the ball drop on NYE! Who remembers our hilarious game of mad-libs? As usual, our regional Mr. Tranist, Adner did a phenomenal job reading it allowed in his best announcer voice! It's included above in case anyone wants to read it again for some more laughs.

Now, let's welcome February together! The month of February is also known as Black History Month. At our regional meeting last month Anne reminded us all that MLK Jr., and those who fought against black oppression both alongside him and after him, opened the door for self advocacy. As we celebrate Black History and all of the incredible black leaders, we celebrate self advocacy as a whole!



Be sure to join us this month as we continue to explore self advocacy together and discuss issues important to you! For example topics like legislation, transportation, and housing. Remember, by attending these meetings and sharing your thoughts you are helping us come together and advocate as a region! Our region will meet Tuesday, February 20th, from 6-7:30 on zoom. We look forward to seeing you there!

