

Metro Region

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Hello Metro Region, and welcome to the holiday season! No matter what you celebrate this time of year, I know we are all thankful for the opportunity to be around friends and family, and eat some delicious food.

Something I am thankful for is our annual self-advocacy conference here at MASS! This year we held our conference on Saturday, November 22nd at the Sheraton in Norwood. I saw so many amazing people there from Metro Human Rights Specialist Amy Boone to Keith and Nathan from our regional meetings! It's one of my favorite times of the year because we get to connect in person, and celebrate one another. I want to congratulate the following Metro folks for receiving awards and their dedicated work to our region; Peter Filosa, Adner Martinez, and Sam Fleishman.

We of course can't talk about the conference without giving a special thanks to our very own Metro Raffle King; Matthew Bander! Matthew spends so much time working hard to get us all these amazing prizes that we raffle off at the conference each year. You are the Raffle King Matthew!

As these months get colder, and the sun sets earlier, it's all the more important that we find the time to meet with one another. Our connections help keep us feeling happy and healthy during the winter! Be sure to join us at our next regional meeting, Tuesday December 16th from 4:30 to 6:00 on zoom!

Thank you to each and every one of you who attend our meetings, and keep our region going. You are the reason our meetings are so much fun, and why our region is filled with such lovely people! Each of you should give yourselves a pat on the back, and congratulate yourselves for a job well done!

