

Central Region

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Happy May from Central Region!

Central had a busy month in April. We voted for our new Chairperson, Jillian Berube! We also voted for Chris Montefusco to be on the MASS Board. Congratulations, Chris! In April we remembered Autism Awareness and Acceptance month. On April 20th each year we also honor our former chairperson Janet Laperle by buying coffee or a donut at Dunkin Donuts.  We share our photos and call it “Janet Day”!

April Chill and Chat with Coffee was all about April Fools Day, 

Easter and Passover! We did fun Facts, and played mad-libs and would you rather games! At our regional meetings Justin helped us put together a letter to send to our legislators about transportation, SDM, and SNAP benefits. Justin, Beth, Kristin and Jillian also shared our usual legislative, SDM, SARTAC, and transportation updates. And of course our dedicated Mass Board members Jackie, Beth, and Kristin give us MASS updates. We are proud of Mass staff Sam Muench who spoke about dignity at the human rights series in April, which some Central members attended.

We have a lot to look forward to in May!



–May is mental health awareness month. We will think about taking care of our mental health this month.



In May, we hope to see a few of our new members who have joined us. Shout out to a new local

group at GAAMHA, and to Kristin for continuing to help them along. In May, we continue with our elections for our Central Vice Chairperson. We also look forward to the Central legislative breakfasts, dinners, and more! And…. another shout out to our friends in the West Region, who will be holding their awesome annual conference on May 30th. We also look forward to cheering on Jason and Beth, who are getting ready for the SpongeBob musical at



Steppingstone theater!

Come and join us for our May Chill and Chat with Coffee on Wednesday, May 6th! Bring your coffee or other favorite



drink! We always have some fun and games! Regional meetings are on the 2nd Tuesday from 5-7PM and the 4th Tuesday from 3:30-5:30PM. Chill and Chat with Coffee is on the first Wednesday 4-5:30PM. Once again, Happy May from Central!

