


# Central Region
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Central Update for August Mass Flash
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Happy August from Central Region!
Central was busy enjoying the month of July, and we have more plans for the great summer weather still ahead of us! We are meeting in person and also continuing our zoom meetings during the summer months.
July was disability pride month! Members in the South Valley area had a table at the summer concert series at Open Sky, to share what self-advocacy is about and to meet up for a fun art show and summer concert! At regional meetings we talked about the ADA Anniversary and watched a video about “thanks to the ADA” on social media.
Our Drop-In Club theme was CELEBRATE SUCCESS! We talked about our abilities and success and what we want to celebrate. We hope to connect with the Frontier Club in the West Region soon!
We are getting ready for our annual summer cookout on August 9th (rain date Aug 23rd)! Old friends and new ones will gather at Regatta Point in Worcester for some late summer fun!
We are continuing to create the RIGHT OF THE MONTH: Privacy and Respect. Also, the pledge of respect. We hope to meet with Leo next month to put together a presentation for DDS Service Coordinators in the future.
Some of us went to Rev Up to Vote, some went to SAIL, joined SDM task force meetings, advocated with legislators, attended NACDD workshops, attended the goodbye party for Bridget and Valerie, and more. Some are working on grants and preparing to travel to a conference in Michigan. Many of us work on issues that are important to us! We bring what we learn back to the group. Once again, Happy August from Central Region!