

Southeast Region

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Hello, Southeast! We're excited to welcome February. Hopefully it won't be too cold this year. Is anyone else already looking forward to spring? I know I am.

Anywho, how have things been going here in the Southeast? Well, just a couple of weeks ago we had our January Regional Meeting. We started by talking about our favorite winter time beverages. We had some coffee drinkers, some hot chocolate drinkers, and some tea drinkers. If you have a strong opinion on what's the best drink to have in the winter, you'll have to tell us at the next meeting!

After our beverage debate, our Chairperson Al Milne talked about the need for everyone to respect everybody. We were talking about this in reference to the mass shooting in California. We also talked about the May 2023 MASS Annual Conference, coming up in just a few short months!

We talked about workshops and everyone's previous experiences with the conference. Nate did a cool voting training, after which some participants actually went out and voted! Kelsey had worked with some of the presenters on the behind the scenes work, like getting ready for the presentation and then putting those presentations on our website, which

you can watch here:
https://www.wearemass.org/annual-conference

Al talked about going to a friendship workshop. He said it's good to have friendships and talk about how to reconnect after COVID. It's been very hard for people to go out and make friends after having been on Zoom this whole time. Al was also able to speak to his experience winning the Nancy Maynard Award last year at the 2022 online conference.

The group also discussed places for possible future meet-ups. They've previously met at Borderland State Park and would like to find somewhere they could meet during the cold weather. Come to our next meeting in February and let us know your ideas!

Our next meeting will be Thursday, Feb 23 from 6pm - 7:30pm. We'll be learning about regional officer roles, nominating people for officer positions, and hopefully discussing more about the upcoming conference! Join us and make your voice heard!

Zoom Link: **https://us02web.zoom.us/j/108541531**

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Meeting ID: 108 541 531