



Central Region

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Central had a busy month of March, and we look forward to a busy April too!



March was Intellectual and Developmental Disabilities Awareness Month and World Down Syndrome Day. Jillian attended the MDSC conference! Others of us rocked our colorful socks! In March some of us also attended the Legislative Day at the state house. We visited our legislators! On March 12th students from Quinsigamond Community College joined our regional meeting to learn more about self-advocacy. Our Central Chill and Chat group theme in March was St. Patrick's Day! Some of us also joined in the statewide Drop-in clubs, and we had a great time playing mad-libs and jeopardy! Sammy planned some fun and games, and we had a good chat with friends! In March we gave some feedback about the Olmstead update. Beth kept us updated on SDM, Justin kept us on top of legislation, and John kept us breathing and stretching.

In April we will celebrate World and National Autism months.



It is also Sexual Assault Awareness month.



And on April 20th each year we have coffee in memory of Janet Laperle. In April we will continue to advocate for transportation, human rights, self-advocates taking leadership, and more! We can't wait for warmer weather in April and planning some outdoor meetups and events. Have a great spring, and join us for some regional and statewide events!

