



## Northeast Region

Facilitator: Sam Muench

Email: [Sam.Muench@wearemass.org](mailto:Sam.Muench@wearemass.org)

Welcome Northeast to the romantic month of February! January was chock full of moments of self-growth and discovery, as we all talked about our New Year's resolutions and the opportunities for growth that MASS provides. We especially want to point out that Daysiree Perez-Batista and Donna Jay both expressed an interest in becoming members of the board. We welcome them both to their new positions!

On to events!

Feb 21, 2024 from 4pm to 5:30pm will be the next Regional Self Advocate meeting. The next drop in, as of me writing this, is still in the works, but I'm looking forward to announcing details on that sooner or later!

I look forward to hearing about how Valentine's Day went for all of you, and I wanted to personally give my best wishes and heartfelt appreciation for you coming around to be part of the MASS family.

Thank you all for the opportunity to meet you at these meetings, it means a lot!

A handwritten signature in black ink that reads "Sam Muench". The signature is written in a cursive, flowing style.

- Sam Muench