



Central Region

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Happy July from Central Region!



We hope you are having a wonderful summer so far! We had a busy month in Central region. Jason and Beth gave great performances in SpongeBob the Musical in Worcester, and they had a whole cheering section of Central fans in the audience! Jillian, Jackie, Melinda, Amanda, and others had a great time at the prom in Central MASS. The North Central legislative dinners and breakfasts in June were great for advocating with our state legislators. Sammy planned and led our Chill and Chat with Coffee. The theme was “Chill and Chat with SpongeBob and Friends”!! We played a mad lib, SpongeBob Jeopardy, and “Would You Rather” games.

July will be a busy month. July marks the 36th anniversary of the ADA (Americans with disabilities act) and Disability Independence Day!



At our regional meeting we will play a game of accessibility bingo. We will talk about what ADA means to us, and have poster making and more ADA activities on July 14th from 5-7PM at Advocates, 712 Plantation St in Worcester, and on zoom. We would be happy if you join us to advocate for yourselves and others! Please RSVP to Sue@wearemass.org. We will use the posters for a big ADA event that MASS will be part of. This celebration is in Worcester on July 15th, with a disability flag raising, music, food trucks, speeches and more! Meet us at the flag pole in Worcester Common a little before 11AM, when the flag raising happens! Central wants to add our voices to the ADA activities! Although we have made a lot of progress, we continue to advocate for things we care

about, like self-direction, transportation, inclusion,



better pay, and more!

We are also getting excited to meet up with friends at the ADA picnic in Gardner on July 31st from 11AM-3PM. Hike, kayak, swim, listen to music, and hang out with friends! Please RSVP by July 16 at:

<https://masilc.formstack.com/forms/2026adaday>

Questions? Please email info@masilc.org

We are also getting ready for our annual cookout at Regatta Point in Worcester on Aug 5th from 5-7PM. There is a lot of summer ahead of us, so enjoy, and once again, happy July from Central!

