



Central Region

Coordinator: Sue Moriarty

Email: sue@wearemass.org



Happy August from Central Region!

We hope you are having a wonderful summer! In July we celebrated ADA all month long! James and Steven from the West joined self-advocates from Central to celebrate the 36th ADA celebration in Worcester at their “Out to Lunch” event in July!



There were bands, food trucks, disability flagraising, friends, and more. As James said, “I loved it”! We also celebrated other ADA events such as the MASS Statewide Independent Living Council’s ADA outdoor accessible recreation event in Gardner, as well as a fun, outdoor event in Barnstable that Kristin attended! Going forward, we will keep advocating for ADA every day!

Sammy planned and led our “Chill and Chat With Coffee” in July. The



theme was “Beat the Heat”! We had a lot of fun with jeopardy, mad libs, and cool, summertime tips.....and of course, coffee!

Some of us also attended the statewide drop-in for the usual fun and games.

At our regional meetings, we made ADA Day posters, and Justin kept us up to date on the latest legislation! Some of us cheered on Jason and Beth at their recent performance of SpongeBob the musical at Steppingstone theater!



In August we look forward to more advocacy as well as summer meet-ups like our annual cookout on August 5th. The cookout will replace our monthly “Chill and Chat”. And check out the Deer Island Accessible Adventures Fun Day!

<https://www.eventbrite.com/e/accessible-adventures-a-fun-day-at-deer-island-2026-tickets-1988291144336>

Have a great rest of the summer, and once again, happy August from



Central!