

Central Region
Coordinator: Sue Moriarty
Email: sue@wearemass.org

February Update from Central









Central met on zoom throughout the whole month of January since our regular meeting place is closed for the month. This month we talked about what we achieved in 2022 and also about our dreams and goals for 2023, both personal and regional.

We played some winter mad libs and a New Year's Jeopardy game at our Drop-in Club this month.

We also had a great a presentation on Supported Decisionmaking at our January 24th meeting by Marie Hennessy and Beth Kollett! Some of our members are presenting about self-advocacy to the virtual Rainbow group on January 31st.

Many of us continue to connect with other advocates and work on issues that are important to us! Some of us attend SAIL, NACDD, the

NEAT meeting, SARTAC, transportation groups and more! We look forward to connecting with more local groups in February, which by the way, is National Heart month  **and African American Heritage month!**  

Will the groundhog see his shadow? 

We'll make guesses at our February Drop-In Club which will continue by zoom meeting on the 1st Wednesday from 4-5:30PM. Regional meetings are on the 2nd Tuesday from 5-7PM and the 4th Tuesday from 3:30-5:30PM.

Wishing you a happy February from Central!