

Central Region

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Happy March from Central!

We look forward to so many things in March!

March is when we celebrate St.Patrick's Day and when spring begins!

March is Intellectual and Developmental Disabilities Awareness Month! We also rock our socks on March 21st for World Down Syndrome Day! Let's celebrate!



Tuesday, March 10th is Legislative Advocacy Day at the State House! Here is the link to register https://thearcofmass.org/legrec/

We hope to see you there!

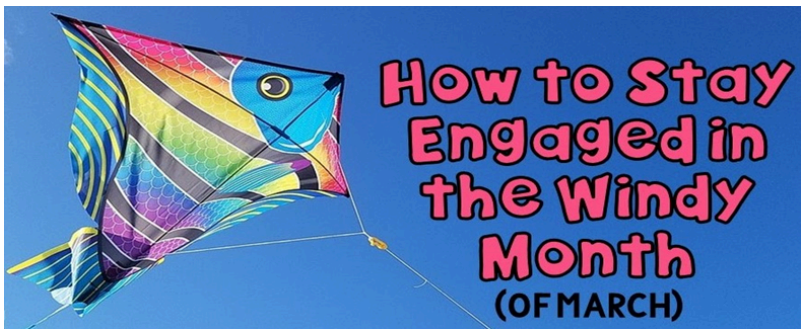
In February Central held all our meetings on zoom so we could stay connected during this snowy, end of winter month. We dedicated our first one (and our first statewide drop-in) to our dear coworker and friend Marie Hennessy who passed away in February.



She will be deeply missed. February was black history month and transportation equity day on Feb 4th. We know that advocacy can change the world! We talked about SNAP benefits and how Metro is writing to their legislators. We also talked about other issues that are important to us. Speaking of advocacy, here is a shout out to Kristin who did a great job helping to run a self-advocacy group with GAAMHA's new self-advocates! In March we moved "chill and chat with coffee" to February 18th.



We talked about Mardi Gras, Winter Olympics, and friendship, and we played Mardi Gras jeopardy!



In March we will hold our Central elections for new officers! Just in time to welcome Spring on March 20th! We will celebrate our friends and rock our socks for World Down Syndrome Day! Of course, we will continue to talk about legislation and advocate for SDM, human rights, transportation, SNAP benefits, and other issues people want to speak up about. Regional meetings are on the 2nd Tuesday from 5-7PM and the 4th Tuesday from 3:30-5:30PM. Once again, happy March from Central!






March