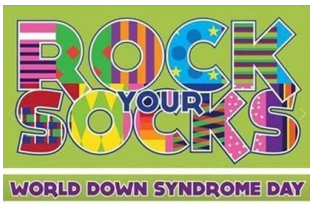


Central Region
Coordinator: Sue Moriarty
Email: sue@wearemass.org

Central Mass Regional Update for April 2023 MASS Flash



Happy April from Central Region! March was another busy month for Central! March was developmental disabilities awareness month, and we also rocked our socks for World



Down Syndrome Day! Our Drop in Club theme in March was St. Patrick's Day! Some Central self-advocates attended the legislative reception in March. Jillian even got a private tour of the Governor's balcony! You can watch the recording here https://www.facebook.com/watch/live/?ref=watch_permalink&v=1302557403936962

At our first regional meeting in March, we talked about the MASS and West conferences. We also looked at how we can get more involved in Human Rights. Our group wants to create Peer

Human Rights Officers to help spread the word about human rights. 

Our friend Mary who had been in the hospital finally joined us again in March! On March 28th, we had a meet and greet with Michelle Barrett, DDS Area Director in South Valley. We talked about self-advocacy and the things that we care about, as well as what is happening in DDS. In April, we are making plans to continue giving presentations on starting groups. As always, we want to expand our regional group, and help start more local groups. Our other priorities include learning about more transportation options, the HCBS rule, and our rights. We hope to get out and have some "meet ups" as the weather improves! Some people will attend the healthy kitchen training and will continue to attend the virtual National NACDD discussion series in Washington, transportation meetings, SARTAC, and also the SAIL meetings.

As Beth says….there are more great things to come! Have an awesome spring!



