

Central Region

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Happy June from Central Region!

Hope you are enjoying the arrival of summer!

May was a great month for Central Region! May was mental health awareness month. We talked about how important it is to have people you can count on, and people you look up to.

The Central Chill and Chat theme in May was “Birthdays”! Sammy planned some mad libs and games, and we watched some fun videos and had a good chat with friends! Some of us also had a great time in the statewide Drop-in clubs!
Our self-advocates were very busy in May with projects and advocacy activities of their own!

Some of us (Jackie, Beth, Brian, Sue, Andrea) followed up in May on a MASS table at the Open Sky transition fair, where we got to talk to many people about MASS and what we do!

May was a great month to advocate! MASS had a successful day at the State House, where many self-advocates (including Central's Jillian, Melissa, and Reggie) educated legislators and others on what MASS is all about. In Central, even more of us attended the legislative breakfasts, got involved in SDM advocacy, worked on transportation issues and attended Caring force rallies!

Jillian's transportation group even made a new logo and an app for the phone (community connector):



Some of us wrapped up the month with the awesome West region self-advocacy conference in Springfield on May 31st!

This summer, we look forward to ADA celebrations, a prom on June 20th, planning our annual summer cookout,

and more! Jason and Beth are practicing for a play at Steppingstone theater this summer, and Kristin is working on her business!

Whatever you do, just keep doing what you love, speaking up, and advocating….each of you makes the world a better place!

Have a great month of June!