



Rainbow Group
Coordinator: Pauline Bosma
Email: pauline@wearemass.org

Hello there!

We had a wonderful November meeting where we talked about relationships and had breakout rooms to get to know each other better.

Pauline will be presenting this month to the National Council for Mental Wellbeing about how to support LGBTQ+ people with I/DD.

Pauline is also hosting a virtual discussion for self-advocates about how to show acceptance and support to your LGBTQ+ loved ones during the

holidays. It is on December 14th at 5:30-6:30pm. Register here and learn how to spread holiday cheer so that everyone feels welcome:

<https://us02web.zoom.us/j/83451559751>

We know that the holiday season can be tough for some LGBTQ+ people who are feeling alone or rejected. Remember that all of us in the Rainbow Group accept you and support you for who you are! Please reach out to us if you need someone to talk to.

Pauline: 508-944-5797 / pauline@wearemass.org

Fran: 603-810-9280 / franrainbowchair@gmail.com

Oscar: 857-262-0481 /

oscar.hughes@wearemass.org

Our next Virtual Statewide Rainbow Group will meet on December 28th at 5:30-7:00pm Eastern Time. See you there!