

Central Region

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Happy February from Central Region!

Central region met on zoom throughout the whole month of January. We said goodbye to 2025 and welcomed in 2026!





At our January Chill and Chat with Coffee, Sammy planned some winter mad libs and games

like New Year's Jeopardy, dancing, and "would you rather". We watched some dazzling fireworks on youtube!

At our regional meetings, Leo came and we talked about working together on human rights issues. We uncovered our mystery message for the year ahead! We also talked about topics offered at SARTAC as well as legislative and transportation updates. Beth joined the SDM meetings and the Worcester area transportation meetings. Others joined SARTAC, the REDD Group and other regional meetings. We appreciate our Central self-advocates who reach out far and wide, and work on things that are important to all of us! There will be some changes coming up in Central! We will vote on a new statewide board member to replace our amazing Jillian Berube who has represented us on the board for many years! Thank you Jillian! Jillian will jump over to the advisory board for the new Special Olympics project at MASS!

During the month of February, we will continue to look at what we achieved in 2025 and also about our dreams and goals for 2026, both personal and regional. 

Some of us will prepare for legislative days, and attend SARTAC, SDM, self-advocacy groups, transportation groups, and more! We look forward to connecting with friends at statewide Drop-In during February which is National Heart month  **. February is also black history month and we will spend time thinking about how advocacy can change the world!**



Check the calendar on our website and feel free to join us at our upcoming meetings for February: Chill and Chat with Coffee will be on zoom on Wednesday, Feb 18th from 4-5:30PM. Regional meetings will be on zoom, on Tuesday, Feb 10th from 5-7PM and Tuesday, Feb 24th from 3:30-5:30PM.

Once again, we wish you a happy February from Central!

