

Central Region

Coordinator: Sue Moriarty
Email: sue@wearemass.org





Happy November from Central Region!

The chilly days of Fall are here, and things have been busy here in Central! In October we spent a lot of time preparing our new MASS board members, our legislative day at the State House, and voting on awards and updates for our upcoming MASS Conference on November 22nd.

In October, Sammy planned and led our "Chill and Chat with Coffee", where we had our usual Halloween themed games and a dance party!



Some of us are helping an agency called GAAMHA to start a new self-advocacy group. We enjoyed meeting in October and will continue to support them to get their group started. At our Central Workteam meetings in October, we loved to see some newer members from The Ledges, a self-advocate from California,

and some others who are becoming more and more a part of our group! Justin kept us up to date on legislative issues and how to write to legislators. Kristin updated us on SARTAC news, and Beth shared news about SDM. Jillian and others discussed everything going on with transportation and all the other things that are important to us!

In November we think about all the things we are grateful for, including other self-advocates!



We are excited for the MASS conference on November 22nd. Registration deadline is on Nov 10th. We hope to see you there!

Also in November we will be advocating for all the things that are important to us, and giving a shout out to Native American Heritage month.

Feel free to join Central for Chill and Chat with coffee on Nov 5th. Our regional meetings will be on Wednesday, November 12th from 5-7PM and on November 25th from 3:30-5:30PM.





Happy November and Happy Thanksgiving from Central!