

Central Region

Coordinator: Sue Moriarty
Email: sue@wearemass.org

Happy July from Central Region!



We hope you are having a wonderful summer so far! We had a busy month in Central region. Jason and Beth performed in Seussical at Steppingstone Theater….and Jillian, Jackie, and Seth had a great time at the Central MASS prom, and the North Central legislative dinner in June to advocate with our state legislators. We also gave a shout out to our rainbow friends during pride month!



Sammy planned and led our Chill and Chat with Coffee. The theme was the beach! We checked out the sandcastle contest at Hampton Beach, played a beach mad lib, and chose our favorite fried dough flavors.




We also danced to “Surfin USA”and played beach jeopardy !

July marks the 35th anniversary of the ADA (Americans with disabilities act) and disability independence day! At our regional meetings Marie Hennessy came to give us a history of ADA and to understand it better. We checked out a game of accessibility bingo, and we will be looking during the month for things in the community that are accessible for people with disabilities.

July will be a busy month! MASS is part of a big celebration on July 23rd in Boston. https://www.boston.gov/calendar/ada-35-boston On Facebook, MASS is featuring a self-advocate each day until then, explaining what they advocate for and what ADA means to them. Check out our Facebook page! Central wants to add our voices to the ADA activities! Although we have made a lot of progress, we continue to advocate for things we care about, like self-direction,



transportation, better pay, and more!
We are getting excited to join others for the ADA picnic in Gardner on August 1st, and also our annual cookout on August 6th at Regatta Point Park!
There is a lot of summer ahead of us, more Chill, Chat, and Coffee time, and maybe a meet up at the Valleycast concert series.
Once again, happy July from Central!





