

Epilogue

In this age of deviation from our original nature, distortion and confusion have become more and more prevalent with each passing year as theological, conceptual, and physical conflicts become more pronounced. At this time, a call is being sent forth from an Ancient One. He beckons: “Come back. Come back to your true nature. Stop fighting one another. Return to the oneness of the unnameable universal origin.” Some hear his call and live quietly, happily, and peacefully, but those who cannot hear it go further on their path of divergence and deviation, choosing conflict rather than peace.

I have heard many times, “to be or not to be, that is the question.” In the Universal Way, this question is not meaningful. The real dilemma is “how” to be. Indeed, this is the real question, and a solution can be found. If you do not agree the real problem is how to be, then simply reflect on the state of the world at the present time.

Although there have been all kinds of systems and constitutions to regulate how to be, have any of them actually produced harmony? On the contrary, the confusion is only greater because of the proliferation of systems. However, the Universal Way, through the experiences of different times in different places, has found the key to living in accord with one’s true nature: the plain truth of life is to live virtuously, harmoniously, simply, and naturally. This is the way to have a happy life. It is the essence of a natural spiritual life.

from [The Book of Changes and The Unchanging Truth](#) by Hua Ching Ni, p 663