Proceeds benefit:



Date: 11/13/2021

Time: 8:00 a.m.

Register by: 11/01/2021

*Registrations after 10/26/2021 are not guaranteed a t-shirt

Entry fees:

- \$28 Heart & Sole 5K
- \$15 Heart & Sole Fun Run (1 mile walk/run)
- •\$10 Tot Trot (9yrs. & younger)
- •\$13 Heart & Sole GHOST RUNNER

See website for more details: https://bit.ly/HeritageHeartandSole

For more information or to register call:

706-647-8602

Register online at: https://bit.ly/HeritageHeartandSole





Fun Run/Walk

Tot Trot

Awards Celebration

All events will begin and end in the parking lot of FIRST BAPTIST at 208 S. Church Street.

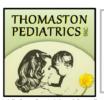


Sponsored by:









JONATHAN F. BUSBEE, M.D. Board Certified in Internal Medicine

Thomaston Medical Clinic, PC

615 S. Center Street Thomaston, GA 30286 (706) 647-2147 P.O. Box 1307 / 598 Hwy 19 S. Zebulon, GA 30295 (770) 567-4600

706~647~1680

shiphrahboils@gmail.com (706) 938-0795













BASSE Services, LLC

Top Annual Church & Community Partners:









Community Care Thrift Store

Teresa K. Turner General Manager



108 Short F Street homaston, Georgia 30286 communitycarets@gmail.com

706-646-4496 501(C)(3)