



Men's Grief Group

2nd and 4th Thursdays of Each Month (Beginning on June 10th)
9 - 10 a.m.

**Immaculate Heart of Mary Church
Rosary Garden**
(behind church and parish office)
**180 Loudon Road
Concord**

Men's Grief Group is an informal gathering providing an opportunity for grieving men to connect with each other around the loss of their spouse or significant other. Participants are encouraged to talk about their experiences and struggles with grief and share ideas for coping with loss.

For more information, call (603) 224-4093, ext. 2828 or visit www.granitevna.org/griefsupport.

These programs are offered free of charge.

Participants will need to bring a chair, wear masks and be able to maintain social distance.

We encourage you to bring a water bottle for hydration as well.

Please park in the back of the large parking lot on the right side of the church, and walk onto the lawn, beyond the lot, where we will spread out our chairs. We should be visible to anyone parking in the rear of the lot.

30 Pillsbury Street | Concord, NH 03301 • (603) 224-4093 | (800) 924-8620 • www.granitevna.org
Branches in Laconia and Wolfeboro

Granite VNA complies with applicable Federal civil rights laws and does not discriminate in services and access to treatment, appropriate care or employment in its programs or activities on the basis of race, color, national origin, religion, disability, age, gender, marital status, sexual orientation, source of payment, or the absence of advance directives.