

JULY CHALLENGE



Answer the following questions & email me your answers at girls@ahai2.org.

Your answers do not have to be hockey related unless you want them to be. This exercise is about how you see yourself. There are no right or wrong answers so be honest with yourself.

1. What is the one thing you can say you are confident about in yourself?
2. What is the one thing someone else would say you are confident about?
3. What single word best describes your idea of what leadership means?
4. What trait do you wish you had but don't feel you do?
5. If you could improve 1 thing about yourself what would it be?
6. What is most important to you.....rank the following with 1 being most important.

Friendship
Reliable
Trust
Compassion
Believing
Confidence

See you next month! 😊