



**MAY
2023**

***Aging Well Inc.
84 Social St. Woonsocket, RI 02895
(401) 766-3734***

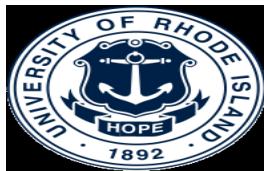


Russ Morency
Wednesday, May 17th at
10:30 am
Aging Well Inc.
84 Social Street, Woonsocket, RI
Come & Enjoy
the music and stay for lunch!
Sponsored by The Friendly Nursing Home

“Prime of Life”
with Linda Thibault and Steve Healey
April 4th, 11th, 18th & 25th at 2:00pm
Cox-Channel 13 &
Verizon - Channel 32

URI Nutrition will be at Aging Well Inc. on
Tuesday, May 2nd @ 10:30am
Come join us to learn about
“The Scoop on natural sugar vs added sugar”.

Try a new recipe and take home a cooking tool!
URI PHARMACY will be at Aging Well Inc.
On Tuesday May 9th @
10:30am
The Topic of the morning
will be Over The



Kentucky Derby
Do you feel lucky? Get your
Derby Hat out for our
Annual Kentucky Derby.
Come for Lunch Sponsored by
United Health Care
and stay for the Derby.
May 5th
Aging Well Inc.
84 Social Street

AARP SAFE DRIVERS COURSE
May 19th 9:30 –2:30
(Lunch Break at 11:30)
\$20 (AARP Members)
\$25 (Non Members)
Aging Well Inc.
84 Social Street
Registration Required

The Fancie Follies Show
Sponsored by United Health Care
Thursday May 18th, 2023
Aging Well Inc., 84 Social Street
Doors open at 2 pm
Showtime at 2:30pm
Pizza and Salad to follow
Dancing with **DJ Fran** until 5:30pm
Tickets available at Aging Well Inc.
\$ 5 Members, \$10 Non-Members

**“Wildlife lives in
Your Back Yard”**
Sponsored by
Animal Rescue
Rhode Island
May 10th
at 10:00 am

**Ice Cream
Social!
May 9th
Following lunch
Sponsored by
St Germain Manor**



Maria Sol Cuesta Resource Liaison from The Point. May 11th, 10:45am 2:00pm. Stop by her table for information on resources available. You can set up appointment with her for additional assistance. She will be back on May 22nd, 1:00pm-3:00pm

**To register for events and activities, please call
or register in person at the office
84 Social Street
401-766-3734**



Aging Well Inc.

MAY 2023

The Rhode Island Legal Services Informational booth will be at Aging Well Inc., 84 Social Street May 4th from 11:00 am - 2:00 pm to assist with your legal questions.

A Home For The Day

Are you or someone you know in need of assistance in caring for a loved one at home?

Home care help is hard to find.

A Home For The Day
is a program that provides socialization, meals, activities in a safe friendly environment with an individualized care plan and program designed by a registered nurse.

**Call Dana for more information
401-766-3734**

Ask about our frozen to go meals - \$3.00 each. Just defrost and microwave

They are a tremendous convenience
Call Steve 401-766-3734



The Rhode Island Treasury Department is coming to Aging Well Inc. May 4th 11:00 am - 12:00 Stop by their table to see if you have any Unclaimed money coming your way.

Brain Games

***10:30 am every Friday in April**

Have fun while we tackle a few brain teasers. Memory games, observation skills, and logic practice.. all great game fun while keeping our brains young!

Aging Well Inc. is hosting a

BINGO! On May 30th

FREE-NO COST BINGO FOR ALL PARTICIPANTS WHO STAY FOR LUNCH!

Donation for lunch is \$3

All prizes for FREE-NO COST BINGO are generously provided by the sponsorship of Trinity Health & Rehabilitation Center
Lunch reservations are required 48 hours in advance.

Lunch is served at 11:30am

Blood Pressure & Nutrition

Counseling with Linda Thibault, RN

For the Month of May

Thursday's 11:30 am-1:00pm

Aging Well INC.

Barbara Waterman, MA - Executive Director

Linda Paul - Assistant Executive Director, Finance Director

Dana Chamberlin, RN - Director, "A Home for the Day" an Adult Day Program

Linda Thibault, RN - Wellness Director

Susan Jameson - Wellness Director

Steve Healey - Director of Congregate Meal Program

Steve Westerman - Recreation Therapy

**Penny Belisle - Finance Assistant
OFFICE HOURS**

8:00am - 4:00pm Monday - Thursday (exclusive of holidays)

8:00am - 3:00pm Friday (exclusive of holidays)

BUILDING HOURS

8:00am - 4:00pm, Monday - Friday (exclusive of holidays)

Main Telephone (401) 766-3734 Fax (401) 765-5578

"A Home for the Day" (401) 766-3734

8:00am - 3:00pm Monday - Friday (exclusive of holidays)

visit us at www.seniorservicesri.org