Fried Rice

Ingredients

- 2 cups cooked rice
- ½ cup frozen mixed veggies, or frozen corn & frozen peas
- ½ onion, chopped
- 1 egg, scrambled
- 2 teaspoons vegetable oil
- 2 Tablespoons soy sauce
- Optional: 1 leftover cooked chicken breast or thigh, cubed

Instructions

Heat oil in large skillet. Add onions, sauté until transparent (about 5 minutes). Add frozen vegetables and chicken, if desired. Cook until thawed. Push everything to the sides of the pan, and pour egg into the middle and scramble. Once egg is cooked, add rice and soy sauce. Cook until hot.


Categories:

- Corn
- Eggs
- Rice