Debuting *Food Security in Vermont: Roadmap to 2035*

- The State guarantees Vermonters have the necessary financial resources to meet their basic needs.
- Create a food security emergency response system in Vermont.
- Ensure consistent, dignified access to nourishing, adequate, and culturally responsive food today and in the future.

These are a few goals from *Food Security in Vermont: Roadmap to 2035,* developed by the Vermont Sustainable Jobs Fund in partnership with private and public organizations, and derived from the voices of Vermonters.

The Department of Health has been a partner in this project from the start because food insecurity impacts health. One in three (34%) Vermont adults who are food insecure report having fair or poor general health. Adults who are food insecure are three and half times more likely to report poor mental health and poor physical health than adults who are food secure. Additionally, adults who are food insecure are significantly more likely to rarely or never get social and emotional support compared to adults who are food secure. (Data Brief: Living with Food Insecurity: Risk Factors, Quality of Life, and Chronic Disease Rates.)

The roadmap contains a comprehensive set of goals, objectives, and strategies. If you work in government, agriculture, or community – there are suggestions for you! Its contents are informed by the voices of nearly 600 people living in Vermont with personal expertise regarding food security, and collaboratively drafted by a leadership team comprised of representatives from multiple organizations across Vermont.

This roadmap is so impactful in part because it brings all the elements of our food system together, often working tirelessly in silos, to address a crucial concern - *Vermonters having enough food*. And not just having enough food but nourishing and culturally responsive food to thrive.



To learn more about *Food Security in Vermont: Roadmap to 2035* and how to get involved, please visit the Vermont Farm to Plate website.