

Vermont Medicaid Covers At-Home Blood Pressure Monitors —

Prescribe One to Your Medicaid Patients Today!

Make it easier for patients to track and manage their blood pressure—right from home.

Help Patients Build Confidence

Home monitoring is most effective when paired with education and coaching. Refer patients to My Healthy VT's free High Blood Pressure workshops for practical tools and one-on-one support from trained health coaches.

Why it matters

- 28% of Vermont Medicaid members have hypertension.
- Self-monitoring leads to better blood pressure control.
- Patients trust their providers more than any other source of health information.

How it works

- Identify eligible patients with hypertension or elevated BP.
- Prescribe a digital BP monitor—no prior authorization required.
- Send prescriptions to a participating Medicaid-enrolled pharmacy.

Who's eligible

- Medicaid members with:
- Essential, benign, or nonspecific hypertension
- Hypertensive heart disease (without heart failure)
- Elevated BP or gestational hypertension

Need Support?

Find your DVHA provider rep:
dvha.vermont.gov/provider-resources or review **healthvermont.gov/BPM-FactSheet** for more details.

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DEPARTMENT OF HEALTH