

Save the date - 2020 Worksite Wellness Conference

Save the date for the 2020 Vermont Worksite Wellness Conference! This year's theme is "Cultivating Connection – Supporting Employee Wellbeing". The conference will be held on March 25, 2020 in Burlington. The keynote speaker, Emma Seppala, is the Science Director for Stanford University's Center for Compassion and Altruism Research and Education and an expert in social connection in the workplace. Our agenda will also include dynamic breakout sessions, presentation of the Governor's Awards for Excellence in Worksite Wellness, and great opportunities to network. Registration will open January 2020.

We are currently seeking proposals for breakout sessions on a variety of worksite wellness topics. Please contact Ashwinee.Kulkarni@vermont.gov if you are interested in submitting a proposal to speak, or if your organization is interested in learning about exhibiting and sponsorships opportunities at the conference!

The [2020 Worksite Wellness Award Application](#) is now open! These awards recognize Vermont workplaces that have made a commitment to employee wellness. All workplaces with wellness initiatives are encouraged to apply, regardless of how long activities have been going on. Please submit your application online by January 15th, 2020 to be considered for an award. Contact Ashwinee.Kulkarni@vermont.gov with any questions about the awards or application process.