



## INCLUSIVE RECREATION: ADAPTIVE SPORTS New DeCal Class

Fall 2024 // Date and Time TBD

- **Class # TBD**
- **1 unit P/NP**
- **Location: RSF Gym**

Experience the world of adaptive sports! Join us as we explore goalball, wheelchair basketball, adaptive pickleball, sitting volleyball, and adaptive climbing. Discover the unique challenges, strategies, and joys of inclusive athletic pursuits through hands-on learning and engaging discussions. Uncover the incredible power of adaptive sports and their impact on individuals, communities, and society. Enroll now to explore the world of adaptive sports, develop relevant game skills and strategies, and participate in inclusive recreation events. Don't pass up this chance to broaden your perspectives!