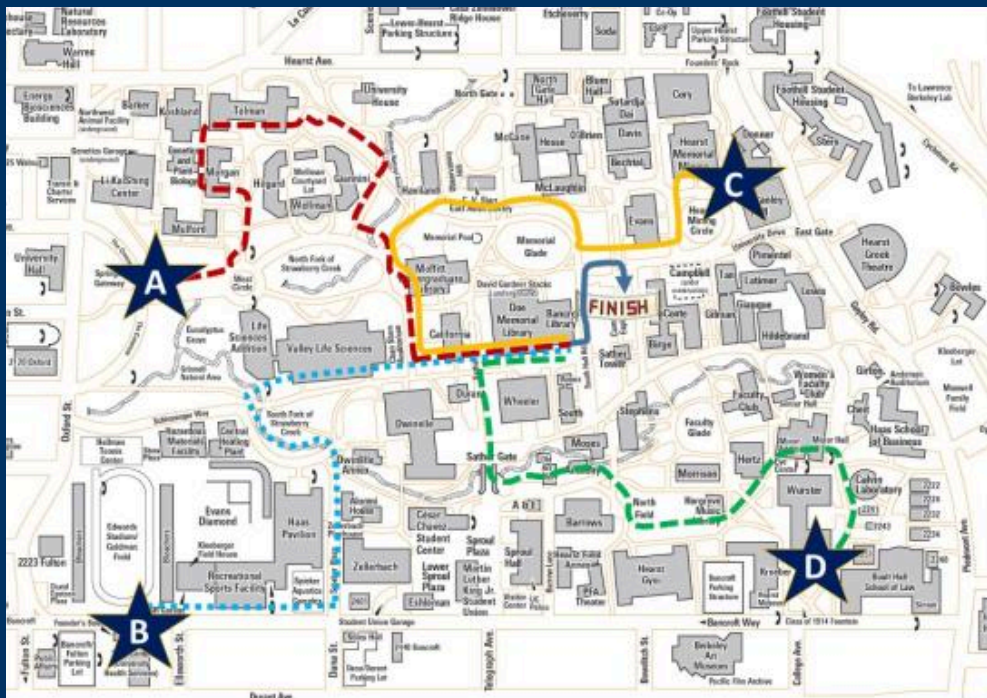




Join your colleagues, friends and campus community for an energized mental and movement break!



Wednesday, April 30
12:10-1pm



Check the UC Moves Map for where to meet for your walking route!

Registration



Email wellnessfacstaff@berkeley.edu if you have additional questions.



Be Well at Work
Faculty/Staff Wellness